

Chicago Tenri Judo Dojo
Junior Promotion Exam: Blue to Purple

Name: _____

Date: _____

Write the English word:

Tori: _____ Harai (barai) _____

Uke: _____ Kari (gari) _____

Shiai: _____ O- _____

Tachiwaza: _____ Ko- _____

Newaza: _____ Soto _____

Tokui waza: _____ Uchi _____

Migi: _____ Hajime _____

Hidari: _____ Matte _____

Yoko: _____ Sore made _____

Ushiro: _____ Randori _____

Mae: _____ Ki o tsuke _____

Uchikomi: _____ Zenpo kaiten _____

Hikite: _____ Ukemi _____

Tsurite: _____ Arigato gozaimasu _____

Ashi _____ Sensei _____

Koshi (goshi) _____ Dojo _____

What are the two principles of Judo in both English and Japanese?

Instructor Use Only

Pass/Fail: _____ Tester Name: _____

Current Belt Size: _____ Needs larger size: Yes No

Notes: _____

Test Continues on Back----->

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Name the eight moral codes of judo and give an example of one: _____

Techniques

Tachiwaza	Newaza
Ippon Seoi Nage	Kesa Gatame
O Goshi	Two escapes from Kesa Gatame
O Soto Gari	Kata Gatame
Morote Seoi Nage	One escape from Kata Gatame
Ko Uchi Gari	Yoko Shiho Gatame
O Uchi Gari	Two escapes from Yoko Shiho Gatame
Koshi Guruma	Kami Shiho Gatame
De Ashi Barai	One escape from Kami Shiho Gatame
Ko Soto Gari	Tate Shiho Gatame
Tai Otoshi	One escape from Tate Shiho Gatame
Sasae Tsurikomi Ashi	Ushiro Kesa Gatame
Uki Goshi	One escape from Ushiro Kesa Gatame
Okuri Ashi Barai	Three turnovers into pin from turtle
Harai Goshi	Three turnovers into pin from flat
Tsurikomi Goshi	Hadaka Jime
Hiza Guruma	Okuri Eri Jime
Uchi Mata	Kata Juji Jime
Combination 1	
Combination 2	
Combination 3	
Tokui Waza	

Instructor Use Only

Notes: _____

