

Chicago Tenri Judo Dojo
Senior Promotion Exam: Ikkyu (1st Brown) to Shodan (1st Black)

Recommendations to Black Belt Rank

--Promotions to black belt rank are generally initiated by a black belt higher in rank than the candidate, either the head instructor or another high ranking black belt

General Requirements

--Progressive knowledge of the principles of Judo, including the terminology, techniques, and philosophy

--Being of sound mind and high moral character in your Judo, personal, and professional life; practicing the Principles of Judo and Moral Code of Judo

Coaching/Teaching Requirements

--Certified as at least a local coach within USA Judo; able to teach ukemi, principles of movement, and physical dynamics in tachiwaza and newaza techniques

Refereeing Requirements

--Certified as at least a local referee with good knowledge of the rules of Judo; able to referee an intraclub match or at a local tournament

Competition Requirements

--Competition is not strictly required for promotion but can reduce time in grade.

Kata Requirements

Shodan: Nage-no-kata (minimum age of 16)	Yondan: Kime-no-kata or Kodokan Goshin Jutsu
Nidan: Katame-no-kata	Godan: Itsutsu-no-kata
Sandan: Ju-no-kata	Rokudan and up: Based on service to Judo

Other Requirements

--Contributions to the judo community in the form of assisting with dojo work and/or local tournaments (table work, refereeing, competing, coaching)

National Governing Body Rank Certification

--Ranks up to and including sandan (3rd degree black belt) are awarded within the dojo by the Head Instructor and certified by USA Judo.

--Ranks including yondan (4th degree black belt) are conferred by USA Judo and require approval by the Promotion Chair of Illinois Judo as well as the Promotion Board of USA Judo.